

BEFORE YOU ARRIVE

Your *Guide*

October 18–23, 2026 · Five Nights at Amaite in Tulum, Mexico

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OUR FLOW

Day by *day*

DAY 1 Sun · Oct 18	Arrival 2:00 PM <i>Amaite</i> opens. Arrive any time after. 6:00 PM Opening Ceremony. 7:30 PM Dinner.
DAY 2 Mon · Oct 19	Magic at <i>Amaite</i> 7:00 AM Movement. 8:00 AM Breakfast. DAY Magic unfolding at Amaite 12:30 PM Lunch. 7:00 PM Dinner. NIGHT Glow Night Ecstatic Dance.
DAY 3 Tue · Oct 20	Muyil & Sian Ka'an 7:00 AM Breakfast. 8:30 AM Leave for the Muyil ruins, floating river and cenote. ~4:00 PM Return from the cenote. 5:30 PM Dinner. 7:00 PM Pleiadian Energy & Sound Healing at Holistika in the Domo, \$33 <i>OPTIONAL</i>
DAY 4 Wed · Oct 21	Free day & medicine ceremony 7:00 AM Movement. 8:00 AM Breakfast. DAY Free day. Yours. Follow what your soul is calling for. OPTIONS Mayan Clay Spa · Cobá Ruins · Monkey Sanctuary · Ocean. Around \$200, out of pocket. <i>OPTIONAL</i> 5:30 PM Dinner. EVENING Rest before ceremony. 9:00 PM Medicine Ceremony, overnight until sunrise.

DAY 5

Thu · Oct 22

Integration

SUNRISE	Temazcal Ceremony.
AFTER	Breakfast after ceremony.
DAY	<i>A day of magic and resting.</i>
EVENING	Dinner.
NIGHT	Floating Music.

DAY 6

Fri · Oct 23

Departure

7:00 AM	Movement.
8:00 AM	Breakfast.
9:00 AM	Closing Ceremony.
BY 11 AM	Check out of Amaite .

Other things that will probably happen, but are not officially scheduled: yoga, yesterday's skin shedding, breathwork, 1:1 healing sessions.

GETTING THERE

Two airports, one *jungle*

Fly into either. Here's what the drive looks like from each, and a live board so you can find each other.

From Cancún (CUN)

DRIVE	About 2 hours to Amaite
PRIVATE TRANSFER	\$140–180 USD per car, up to 4
ADO BUS	To Tulum centro, then a 20 min taxi
LAND BY	2:30 pm Sunday to make the 6 pm ceremony comfortably

From Tulum (TQO)

DRIVE	About 40 minutes to Amaite
PRIVATE TRANSFER	\$60–80 USD per car
NOTE	Fewer flights, fewer taxis waiting. Book the car ahead.
LAND BY	4:00 pm Sunday

Ride board

Two tabs, one per direction: your name, flight, airport, landing time, and whether you're open to sharing a car.

Open the ride board:

<https://docs.google.com/spreadsheets/d/1I3GbjHrbGeEVIXSjKTHd1xikkBXsebm69kGXJHbtpoM/edit?usp=sharing>

PACKING

Packing for *Unfolding*

I'm intentionally not giving you a giant packing list. I want you to have a little fun packing intuitively.

As you start getting ready, pay attention to what you feel called to bring, both for yourself and maybe even for the others who will be there. It could be a book, cards, an oil, a crystal, an instrument, art supplies, something meaningful from home, or something you pick up and think, *I have no idea why, but this needs to come.*

You don't have to know exactly what you'll do with everything. We can leave a little room for that part to unfold.

THE FUN LAYER

- ☐ *Outfits that make you feel radiant*
There is no greater feeling than feeling beautiful.
- ☐ *Outfits for movement*
Comfort is key!
- ☐ *A fun outfit for black light dancing*
- ☐ *A sweater and comfortable clothes for the overnight ceremony*
Something that covers your legs will be helpful too.
- ☐ *Single-color outfits*
Entirely one color. White, black, purple, red, green, gold, or whatever calls to you.
- ☐ *Rain gear*
It's rainy season in Tulum. We will have some sun and enjoy some rain too!
- ☐ *One small gift*
For an exchange. Lean in and listen; the perfect item will ask to come with you!
- ☐ *Your instrument(s), if you have any that want to come along!*
- ☐ *Whatever supports your own practice*
Cards, plant medicine, oils, crystals, a journal, art supplies.

THE PRACTICAL LAYER

- ☐ Swimsuit, two if you can (cenotes, canals, temazcal)
- ☐ Reef-safe sunscreen and bug spray (if you have great natural products, please bring them to share so we can all learn about them!)
- ☐ Sandals that can get wet and are comfortable to walk in
- ☐ Closed shoes for the jungle walks
- ☐ Refillable water bottle
- ☐ Headlamp or small flashlight for the paths at night
- ☐ Cash for tips. Any amount is perfect; pesos are easiest

WHERE YOU'LL STAY

Amaite

Your dome

- Air conditioning
- Socket near the bed
- Wardrobe closet or clothes rack
- Tea and coffee maker in all rooms
- Open-air bathrooms

Meals

3 meals provided daily

- Breakfast: between Xam and Yam
- Lunch: between Xam and Ypm
- Dinner: around 7pm

Food & Beverage

- Restaurant options: Meat (chicken and fish) • Vegetarian • Vegan • Gluten-free
- Pool bar and outdoor seating
- Bar & room service (additional charge)
- Drink only bottled or filtered water

Staying in touch

- Wifi is available in all areas and is free of charge
- Cell signal is patchy
- Group WhatsApp for everything else

Extras

- Pesos for tips, taxis and the free day. ATMs in Tulum centro, none at [Amaite](#)
- Reef-safe, biodegradable sunscreen

TWO LITTLE NOTES

Timing and *dāna*

A LITTLE NOTE ABOUT TIMING

I have my condo blocked from October 16–28, so please know you have a place to stay if you want to come a little early or extend your time in Tulum after we finish.

There is absolutely no expectation that you do. I just want you to know the space is there if it makes your travel easier or you feel like spending a little more time in Tulum.

And just so you know, the full moon is October 26. Do with that information what you will.

A LITTLE NOTE ABOUT DĀNA

At the end of our time together, you'll have the opportunity to offer *dāna* if you feel called.

Dāna is a practice of giving from a place of gratitude. There is no expected amount, and there is absolutely no obligation to give financially. Your presence, your energy, and whatever you bring to our time together are already a beautiful offering to the collective.

At the end, you may also feel called to offer something financially in gratitude for what you experienced. If you do, simply listen to what feels right for you. Whatever you feel called to give, in whatever form it takes, is perfect.

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